

LEADING THROUGH SPORT LEADERS



HWB - CONFIDENT INDIVIDUALS

ENJOY BEING ACTIVE AND WANT TO SHARE THIS PASSION WITH OTHERS? JOIN US TO CREATE FUN SESSIONS FOR PRIMARY CHILDREN.

The main aim is to develop the skills and behaviours in you to help you plan, lead and evaluate activity sessions in and out of class with peers, BGE and primary pupils.

Throughout the course, you will take part in practical sessions and be mentored and supported as you learn.

You will complete a log book of what you have learned and led.

Please note – this course is not just about playing sport. You will also learn a range of activities appropriate for younger children and be expected to teach these to others.



SKILLS FOCUS



COMMUNICATING



COLLABORATING



LEADING



CURIOSITY



CREATIVITY



CRITICAL THINKING



INITIATIVE



ADAPTING



FOCUSING



RECOGNITION OF ACHIEVEMENT

Level 4 or 5 Leadership Skills Foundation Award



SENIOR PHASE PROGRESSION

Sport Leaders, Swim Coaching, Football Coaching & Rugby Coaching



LEARNING INTENTION, SUCCESS CRITERIA & CAREER OPPORTUNITIES

Learning Intentions

I will

- improve my communication by giving clear instructions and demonstrations
- build my leadership by creating safe and purposeful sessions
- I develop my initiative by preparing independently and considering how to make sessions inclusive
- learn how to be a positive role model

Success Criteria

I can

- communicate clearly so participants understand my instructions and tasks
- lead the sessions safely, staying calm and in control.
- prepare fully to plan, lead and review an activity using communication and feedback
- identify factors that affect a healthy lifestyle and the components of fitness

Career Opportunities

- Active Schools
- Sports Coaching and Development
- PE Teaching
- Fitness instructor
- Leisure management

The Four Capacities

